

ADVANCED WRESTLING TECHNIQUE // TRAINING CAMP

Wolverine Wrestling Camps are committed to 5 key areas of development: Technique, Positioning, Hand Fighting, Mental & Physical Toughness, complemented with competitive strategy and Physical conditioning.

@ Canton South High School - Canton, Ohio
(616 Faircrest Avenue / Canton, OH 44706)

Camp Dates: Monday, June 11 through Thursday, June 14, 2007

Session I: Technical Instruction – 9:00-11:00 a.m.

Session II: Advanced Drilling - 12:15-1:00 p.m. / Review & Technique - 1:00-1:45 p.m.

Session III: Live Wrestling & Conditioning - 1:45-2:30 p.m.

Takedown Tournament TBA

FEATURING: OHIO ALL STAR CAST!

Joe McFarland - Head Coach U of M, 4x NCAA All-American (Michigan), 2x Ohio State Champion, World Freestyle Silver Medalist

Jim Mason - Director W.W.C., NCAA All-American (Michigan State), Ohio State Champion, Career Fall records, MSU & St Edward

Mike Kulczycki - Asst. Coach U of M, NCAA All-American (Michigan) Team Captain, 2x Ohio State Champion (St. Edward)

Andy Hrovat - US World Team Member, 3x NCAA All-American (Michigan), Team Captain, 2x Ohio State Champion (St. Edward)

Ryan Bertin - 2x NCAA Champion, 3x All-American (Michigan), Team Captain, Ohio State Champion (St. Edward)

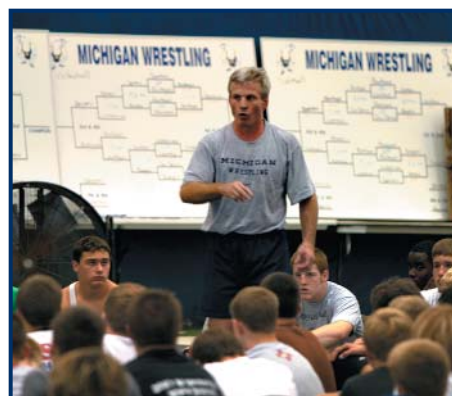
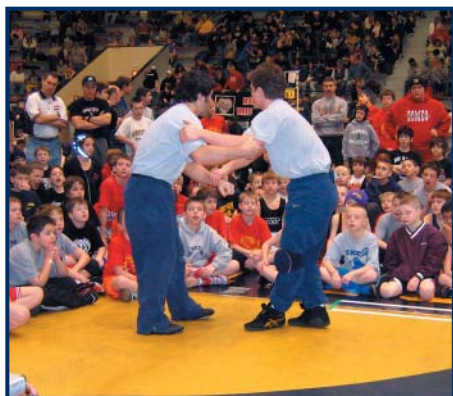
Mark Jayne - 2x NCAA All-American (Illinois), Team Captain, 3x Ohio State Champion (St. Edward)

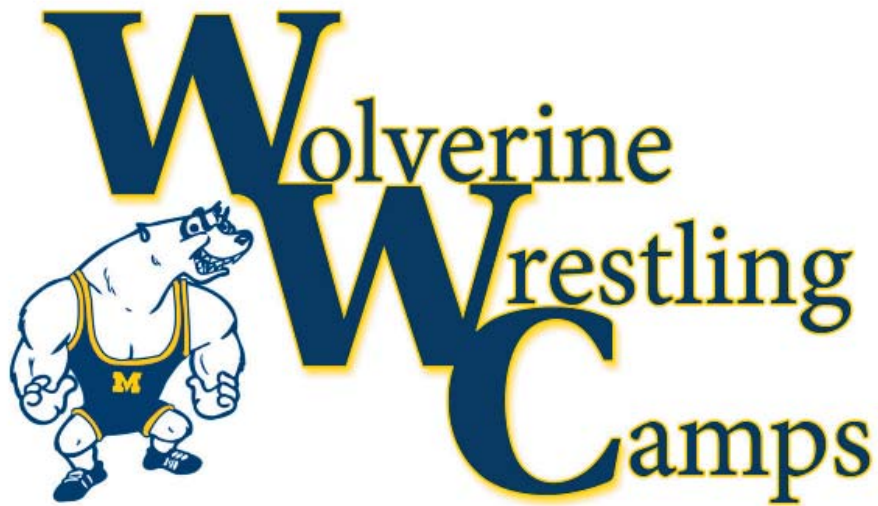
CAMP COUNSELORS

Steve Luke (Michigan) NCAA All American, 3x Ohio State Champion, Perry HS * **Tyrel Todd** (Michigan) NCAA All American, 3x Montana State Champion, Bozeman HS * **Josh Churella** (Michigan) 2x NCAA All American,

3x Michigan State Champion, Novi HS * **Anthony Biondo** (Michigan) 3x Michigan State Champion, Chippewa Valley HS *

Mike Milano (Michigan) 2x Ohio 3rd Place, Rocky River HS





**There are no guarantees in life ...
Hard work and commitment do not guarantee results.
They provide us the opportunity to perform at optimal levels.
I guarantee you will not succeed without them.**

There will be a one hour lunch break from 11:00-12:00 noon (please bring your own lunch)

Technique will be covered in all areas of wrestling.

Cost of Camp is only \$200. A \$100.00 deposit is required with the application form.

Cost for all walk-in registrations is \$225.

Camp is open to all wrestlers in Grades 5-12.

Note: All campers will receive a free University of Michigan Wrestling mesh workout bag.

e-mail questions to: jmason@cac.net * www.wolverinewrestlingclub.com

CAMP APPLICATION

Mail Camp Application to: Wolverine Wrestling Camps, PO Box 7896 Ann Arbor, MI 48107
Make Checks Payable to: Wolverine Wrestling Camps Cost: \$200 (\$100 Deposit w/ application form)

NAME: _____ **HOME ADDRESS:** _____

CITY: _____ **STATE:** _____ **ZIP:** _____ **AGE:** _____

HOME PHONE: _____ **PARENT WORK PHONE:** _____

EMAIL: _____

My child has had a recent physical examination and is physically able to participate in all camp activities and is free from infectious diseases. I relieve the directors of this camp of any responsibilities should an accident occur in conjunction with this camp.

SIGNATURE OF PARENT OR GUARDIAN: _____